



NEW JERSEY
EMPIRE
 LACROSSE CLUB



2018 Team Schedule

www.trilogylacrosse.com/events/club/nj-empire

JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			May 31 1 Team Meeting Mahwah HS (Mandatory)	2	3	
4 Training Camp Mahwah HS	5	6 Practice 6:00-7:30 Glen Rock HS	7 Practice 6:00-7:30 Glen Rock HS	8 Practice 6:00-7:30 Glen Rock HS	9	10
11 Lehigh Laxfest	12	13	14 Practice 6:15-7:45 Glen Rock HS	15 Practice 6:15-7:45 Glen Rock HS	16 Gettysburg Check-In by 7pm	17 Gettysburg (On-Campus)
18 Gettysburg (On-Campus)	19	20 Practice 5:30-7:00 Mahwah HS	21	22 Practice 5:30-7:00 Mahwah HS	23	24 Trilogy Rider
25 Trilogy Rider	26	27 Practice 6:00-7:30 Glen Rock HS	28	29 Practice 6:00-7:30 Glen Rock HS	30	

JULY 2017

2	3	4 July 4 th Holiday	5 Practice 6:15-7:45 Glen Rock HS	6 Practice 6:00-7:30 Glen Rock HS	7	8 Tri-State National
9 Tri-State National	10	11	Optional: Academic Aces Showcase (Not Included in Membership) Contact mterry@trilogylacrosse.com if interested			15
16	17	18	19	20	21	22

2018 Team Head Coach

Ryan Humphreys

Team Meeting

Mahwah High School Cafeteria
 Wed 5/31
 HS: 7:00pm-7:45pm

Training Camp

UPDATED TIME + LOCATION:
Ramapo Ridge Middle
 Sun 6/4
 1:00pm-3:00pm: Team Practice
 5:15pm-6:00pm: Scrimmage v 2019

Team Practices:

Most Practices will be at:
Glen Rock High School
 *6/20+22 at Mahwah HS

Tournaments

Lehigh Laxfest

Bethlehem, PA
 Sun 6/11 – 1 Day Event
 1st Game: As early as 8am Sun
 Last Game: As late as 6pm Sun

Gettysburg Recruiting

Gettysburg, PA
 Check in Fri 6/16 by 7pm
 Games: Sat 6/17- Sun 6/18
 1st Game: As early as 8am Sat
 Last Game: As late as 5pm Sun

Trilogy Rider

Princeton, NJ
 Sat 6/24-Sun 6/25
 1st Game: As early as 8am Sat
 Last Game: As late as 5pm Sun

Tri-State National

Mercer County Park, NJ
 Sat 7/8- Sun 7/9
 1st Game: As early as 8am Sat
 Last Game: As late as 5pm Sun

Tournament Hotel Blocks
 available on the website

Trilogy Office Phone #:

(212) 796-7987

Trilogy Club Program Manager:

Mike Terry

Empire HS Program Director:

Ryan Humphreys