



NEW JERSEY  
**EMPIRE**  
LACROSSE CLUB



# 2019 Team Schedule

www.trilogylacrosse.com/events/club/nj-empire

## JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			May 31 <b>Team Meeting</b> Mahwah HS (Mandatory)	1	2	3
<b>Training Camp</b> Mahwah HS		Practice 6:00-7:30 Glen Rock HS	Practice 6:00-7:30 Glen Rock HS	Practice 6:00-7:30 Glen Rock HS		
<b>Lehigh Laxfest</b>			Practice 6:15-7:45 Glen Rock HS	Practice 6:15-7:45 Glen Rock HS	Gettysburg Check-In by 7pm	Gettysburg (On-Campus)
Gettysburg (On-Campus)		Practice 7:00-8:30 Mahwah HS		Practice 7:00-8:30 Mahwah HS		Trilogy Rider
Trilogy Rider		Practice 6:00-7:30 Glen Rock HS		Practice 6:00-7:30 Glen Rock HS		

## JULY 2017

2	3	4 July 4 <sup>th</sup> Holiday	Practice 6:15-7:45 Glen Rock HS	Practice 6:00-7:30 Glen Rock HS		Tri-State National
Tri-State National			Optional: Academic Aces Showcase (Not Included in Membership) Contact <a href="mailto:mterry@trilogylacrosse.com">mterry@trilogylacrosse.com</a> if interested			
16	17	18	19	20	21	22

### 2019 Team Head Coach

**Eric Quaranti**

### Team Meeting

Mahwah High School Cafeteria  
Wed 5/31

HS: 7:00pm-7:45pm

### Training Camp

**UPDATED TIME + LOCATION:**  
**Ramapo Ridge Middle**

Sun 6/4

1:00pm-3:00pm: Team Practice  
5:15pm-6:00pm: Scrimmage v 2018  
6:15pm-7:00pm: Scrimmage v 2020

### Team Practices:

**Most Practices will be at:**  
**Glen Rock High School**  
\*6/20+22 at Mahwah HS

### Tournaments

#### Lehigh Laxfest

Bethlehem, PA

Sun, 6/11 – 1 Day Event

1st Game: As early as 8am Sun  
Last Game: As late as 6pm Sun

#### Gettysburg Recruiting

Gettysburg, PA

Check in Fri 6/16 by 7pm

Games: Sat 6/17- Sun 6/18  
1st Game: As early as 8am Sat  
Last Game: As late as 5pm Sun

#### Trilogy Rider

Princeton, NJ

Sat 6/24-Sun 6/25

1st Game: As early as 8am Sat  
Last Game: As late as 5pm Sun

#### Tri-State National

Mercer County Park, NJ

Sat 7/8- Sun 7/9

1st Game: As early as 8am Sat  
Last Game: As late as 5pm Sun

**Tournament Hotel Blocks**  
available on the website

**Trilogy Office Phone #:**

(212) 796-7987

**Trilogy Club Program  
Manager:**

Mike Terry

**Empire HS Program  
Director:**

Ryan Humphreys