



NEW JERSEY
EMPIRE
LACROSSE CLUB



2019 Team Schedule

www.trilogylacrosse.com/events/club/nj-empire

JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			May 31 Team Meeting Mahwah HS (Mandatory)	1	2	3
Training Camp Mahwah HS		Practice 6:00-7:30 Glen Rock HS	Practice 6:00-7:30 Glen Rock HS	Practice 6:00-7:30 Glen Rock HS		
Lehigh Laxfest			Practice 6:15-7:45 Glen Rock HS	Practice 6:15-7:45 Glen Rock HS	Gettysburg Check-In by 7pm	Gettysburg (On-Campus)
Gettysburg (On-Campus)		Practice 7:00-8:30 Mahwah HS		Practice 7:00-8:30 Mahwah HS		Trilogy Rider
Trilogy Rider		Practice 6:00-7:30 Glen Rock HS		Practice 6:00-7:30 Glen Rock HS		

JULY 2017

2	3	4 July 4 th Holiday	Practice 6:15-7:45 Glen Rock HS	Practice 6:00-7:30 Glen Rock HS		Tri-State National
Tri-State National			Optional: Academic Aces Showcase (Not Included in Membership) Contact mterry@trilogylacrosse.com if interested			
16	17	18	19	20	21	22

2019 Team Head Coach

Eric Quaranti

Team Meeting

Mahwah High School Cafeteria
Wed 5/31

HS: 7:00pm-7:45pm

Training Camp

UPDATED TIME + LOCATION:
Ramapo Ridge Middle

Sun 6/4

1:00pm-3:00pm: Team Practice
5:15pm-6:00pm: Scrimmage v 2018
6:15pm-7:00pm: Scrimmage v 2020

Team Practices:

Most Practices will be at:
Glen Rock High School
*6/20+22 at Mahwah HS

Tournaments

Lehigh Laxfest

Bethlehem, PA

Sun, 6/11 – 1 Day Event

1st Game: As early as 8am Sun
Last Game: As late as 6pm Sun

Gettysburg Recruiting

Gettysburg, PA

Check in Fri 6/16 by 7pm

Games: Sat 6/17- Sun 6/18
1st Game: As early as 8am Sat
Last Game: As late as 5pm Sun

Trilogy Rider

Princeton, NJ

Sat 6/24-Sun 6/25

1st Game: As early as 8am Sat
Last Game: As late as 5pm Sun

Tri-State National

Mercer County Park, NJ

Sat 7/8- Sun 7/9

1st Game: As early as 8am Sat
Last Game: As late as 5pm Sun

Tournament Hotel Blocks
available on the website

Trilogy Office Phone #:

(212) 796-7987

**Trilogy Club Program
Manager:**

Mike Terry

**Empire HS Program
Director:**

Ryan Humphreys