



NEW JERSEY
EMPIRE
 LACROSSE CLUB



2019 Team Schedule

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Memorial Day Holiday	29	30	31 Team Meeting	1	2
3	4 Practice 5:00-6:30 Ramapo Ridge	5 Practice 5:00-6:30 Ramapo Ridge	6 Practice 5:00-6:30 Ramapo Ridge	7 Practice 5:00-6:30 Ramapo Ridge	8	9
10	11	12	13 Practice 5:00-6:30 Ramapo Ridge	14 Practice 5:00-6:30 Ramapo Ridge	15	16
17 Lehigh Laxfest	18	19 Practice 5:00-6:30 Ramapo Ridge	20 Practice 5:00-6:30 Ramapo Ridge	21 Practice 5:00-6:30 Ramapo Ridge	22	23 Trilogy Rider
24 Trilogy Rider	25	26 Practice 5:00-6:30 Ramapo Ridge	27	28 Practice 5:00-6:30 Ramapo Ridge	29	30

Head Coach
 Eric Quaranti

Team Meeting
 Thursday, May 31st
 Location: Mahwah H.S.
 Time: 7:00pm – 8:00pm

Team Practices
 Ramapo Ridge M.S.
 5:00pm – 6:30pm

Tournaments
Lehigh Laxfest
 Bethlehem, PA
 Sun 6/17 – 1 Day Event

Trilogy Rider
 Lawrenceville Township, NJ
 Sat 6/23 – Sun 6/24

Yale Bulldog Bash
 New Haven, CT
 Sun 7/8 – 1 Day Event

Trilogy Providence
 Providence, RI
 Sat 7/14 – Sun 7/15

Trilogy Office Phone #	212-796-7987
Trilogy Club Program Manager	Chris Jurgens
Empire HS Program Director	Eric Quaranti & Ryan Humphries

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 July 4 th Holiday	5 Practice 5:00-6:30 Ramapo Ridge	6 Practice 5:00-6:30 Ramapo Ridge	7
8 Yale Bulldog Bash	9	10 Practice 5:00-6:30 Ramapo Ridge	11	12 Practice 5:00-6:30 Ramapo Ridge	13	14 Trilogy Providence
15 Trilogy Providence	16 Empire Season Ends	17	18	19	20	21