



NEW JERSEY
EMPIRE
 LACROSSE CLUB



2023/2024 Team Schedule

JUNE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------|-----------------------------------|-------------------------------------------------|------------------------------------|------------------------------------|--------|-------------------------|
| 27 | 28 Memorial Day Holiday | 29 | 30 | 31 | 1 | 2 |
| | | Team Meeting (Mandatory) Final Date/Time TBA | | | | |
| 3 | 4 Practice 6:30-8:00 Mahwah HS | 5 Practice 6:30-8:00 Mahwah HS | 6 Practice 6:30-8:00 Mahwah HS | 7 Practice 6:30-8:00 Mahwah HS | 8 | 9 Battle at Monmouth |
| 10 | 11 | 12 Practice 6:30-8:00 Mahwah HS | 13 Practice 6:30-8:00 Mahwah HS | 14 Practice 6:30-8:00 Mahwah HS | 15 | 16 Future Legends |
| 17 | 18 | 19 Practice 6:30-8:00 Mahwah HS | 20 Practice 6:30-8:00 Mahwah HS | 21 Practice 6:30-8:00 Mahwah HS | 22 | 23 Trilogy Rider |
| 24 Trilogy Rider | 25 | 26 Practice 6:30-8:00 Mahwah HS | 27 | 28 Practice 6:30-8:00 Mahwah HS | 29 | 30 |

Team Meeting
 5/29 – 5/31
 Location: TBA
 Time: TBA

Team Practices
 Mahwah High School
 6:30pm – 8:00pm

Tournaments
Battle at Monmouth
 Colts Neck, NJ
 Sat 6/9 – 1 Day Event

Future Legends
 Boonton Township, NJ
 Sat 6/16 – 1 Day Event

Trilogy Rider
 Lawrenceville Township, NJ
 Sat 6/23 – Sun 6/24

Lake George Invitational
 Fort Ann, NY
 Sat 7/7 - Sun 7/8

JULY

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|-----------------------------------|-----------------------------------|--------|-------------------------------|
| 1 | 2 | 3 | 4 July 4 th Holiday | 5 Practice 6:30-8:00 Mahwah HS | 6 | 7 Lake George Invitational |
| 8 Lake George Invitational | 9 Empire Season Ends | 10 | 11 | 12 | 13 | 14 |
| 15 | Trilogy Millbrook NY Overnight Camp (Optional – Additional Cost) Monday 7/16 – Thursday 7/19 Email cjurgens@trilogylacrosse.com with interest | | | | | 21 |

Trilogy Office
 Phone # 212-796-7987

Trilogy Club
 Program Manager
 Chris Jurgens

Empire HS
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 Ryan Humphries