

NEW JERSEY
EMPIRE
 LACROSSE CLUB

2020/2021 Team : Save the Dates

2017-18 SEASON: INCLUDED IN YOUR MEMBERSHIP

ON-FIELD

WINTER

Focus: Stickwork + Skill Sessions
Location: Sports Domain Academy - Clifton

Time: 7:00pm - 8:00pm
Dates: January 3, 10, 17, 24, 31

SUMMER

PRACTICES

Location: Mahwah H.S. or Torne Valley Sports Complex

Time: 5:00pm - 6:30pm

Dates:

Week 1: June 4, 5, 6, 7

Week 2: June 13, 14

Week 3: June 19, 20, 21

Week 4: June 26, 28

Week 5: July 5, 6

TOURNAMENTS

Tournament 1:

Sunday, June 10: NJ Lax Festival (1 Day)

Tournament 2:

Sunday, June 17: Lehigh Lax Fest (1 Day)

Tournament 3:

Sat-Sun: June 23-24: Trilogy Rider (2 Day)

Tournament 4:

Sunday, July 8: Yale Bulldog Bash (1 Day)

OFF-FIELD

DECEMBER

Holiday Food Drive

Date: 12/20/17

Time: 5:30pm-7:30pm

Location: SDA Clifton

JANUARY

Recruiting Seminar

Date: TBD

SPRING

Community Event

Date: TBD

MAY

Team Meeting

Date: TBD

ADDITIONAL TRAINING OPTIONS: NOT INCLUDED IN YOUR MEMBERSHIP

WINTER

Advanced Positional Training: February 7, 14, 21, 28 @ SDA Clifton, NJ

SUMMER

Academic Aces Showcase: June 11-13 @ Goucher College, MD