

NEW JERSEY
EMPIRE
 LACROSSE CLUB

2022 Team : Save the Dates

2017-18 SEASON: INCLUDED IN YOUR MEMBERSHIP

ON-FIELD

WINTER

Focus: Stickwork + Skill Sessions
Location: Sports Domain Academy - Clifton

Time: 6:00pm - 7:00pm
Dates: January 3, 10, 17, 24, 31

SUMMER

PRACTICES

Location: Mahwah H.S. or Torne Valley Sports Complex

Time: 6:30pm - 8:00pm

Dates:

Week 1: June 4, 5, 6, 7
 Week 2: June 12, 13, 14
 Week 3: June 19, 20, 21
 Week 4: June 26, 28
 Week 5: July 5

TOURNAMENTS

Tournament 1:
 Sunday, June 10: NJ Lax Festival (1 Day)
Tournament 2:
 Sunday, June 17: Future Legends (1 Day)
Tournament 3:
 Sat-Sun: June 23-24: Trilogy Rider (2 Day)
Tournament 4:
 Sat-Sun: July 7-8: Lake George Invitational (2 Day)

OFF-FIELD

DECEMBER

Holiday Food Drive
Date: 12/20/17, **Time:** 5:30pm-7:30pm
Location: SDA - Clifton

SPRING

Community Event
Date: TBD

MAY

Team Meeting
Date: TBD

ADDITIONAL TRAINING OPTIONS: NOT INCLUDED IN YOUR MEMBERSHIP

WINTER

Advanced Positional Training: February 7, 14, 21, 28 @ SDA Clifton, NJ

SUMMER

Millbrook NY Overnight Camp: July 16-19 @ The Millbrook School, NY
 Surf + Lax Camp: July 30 - August 2 - Location TBA