



WINTER LEAGUE COVID-19 SAFETY PROTOCOLS

We look forward to hosting you at The Trilogy Winter Indoor League. As we enter the New Year, we recognize the important benefits of physical activity, team camaraderie and competition, as well as the risks of COVID-19. Our goal is to mitigate risk to the greatest extent and provide a safe opportunity for the players to compete. We kindly ask for your understanding and flexibility as we all navigate this together.

This document outlines our COVID-19 risk mitigation guidelines, policies and procedures for The Trilogy Winter Indoor League. Trilogy Lacrosse will take every reasonable precaution to mitigate risks and host the safest events possible in accordance with State, County and Local guidelines. While risks cannot be eliminated, they can be mitigated significantly by following proper guidelines. **A large part of any success in this regard falls on you, our participants.** We ask that you read fully the guidelines detailed below and adhere to these policies.

Pre-Event

Spectator Policy + High Risk Individuals

- **No Spectators are allowed in the facility**
- **Face Coverings are required for ALL attendees while on-site. The only exception to this policy is for those actively participating in game play.**
- People at high risk for severe illness from COVID-19 **should NOT** attend our events.
- Due to the definition of the high risk population changing as more data comes in, below is the link from the CDC which outlines all high risk groups who should take extra precautions:
 - <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/>

Facility Entry + Symptom Screening

- Players will be permitted to enter the facility 10 minutes before their first game. Players may check-in to conduct health screening (see below) up to 30 minutes prior to the first game but must remain in cars or outside after that.
- No congregating in the lobby will be permitted.
- We will conduct a health check/screening prior to players entering the facility, these will include the following checks and questions:
 - Temperature Check:**
 1. Players will be temperature checked outside the facility and anyone with a temperature reading of 100.4 or higher will not be permitted to enter
 - Screening Questions:** *Players who answer yes to any of below will not be allowed to enter facility*
 2. Have you received a positive result from a COVID-19 test within the past 14 days?
 3. In the past 14 days, have you experienced any new symptoms of COVID-19 not attributed to another health condition? (Fever, Cough, Sore Throat, Loss of Smell or Taste, Runny Nose, Shortness of Breath)
 4. Have you been in close contact with anyone while they had COVID-19 or symptoms of COVID-19 in the past 14 days?
- Per the CDC, symptoms of COVID-19 include:
 - <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Waivers

- A completed electronic waiver must be submitted for every person participating in the event prior to arrival. The waiver stipulates that you understand the procedures and the risk of possible exposure to COVID-19 that participating in an event presents.

Packing List

Participants should bring the following items in addition to their required equipment:

- **Personal WATER Bottles:** There will be no shared water coolers
- **Face Coverings:** all players **MUST** bring a face covering to the event and are required to wear them at all times while not actively participating in game play.

During the event

Medical Staff

- A Certified Athletic Trainer will be present at every game & Injury Ice Packs will be available.

Face Coverings Required

- Per the New Jersey Governor's Executive Order No. 163 all coaches, officials and athletes *when not playing* are **Required** to wear face coverings while in attendance.
- If you refuse to wear a face covering please do not attend.

Water

- **There will be no shared water coolers** and access to shared refill stations will not be available.

Social Distancing

- All players should maintain social distancing of 6' while on-site and not actively participating in game play.
- Participants should refrain from unnecessary physical contact with teammates, opposing coaches/players, officials and staff such as handshakes, high fives, fist bumps, hugs, and goal celebrations.

Restrooms

- Staff will regularly disinfect frequently touched surfaces such as bathroom door handles.

Incident Weather

- Any adjustments to the schedule due to weather will be posted to Tourney Machine & the event website.

Post-Event

COVID-19 Case Reporting

- Any participant or staff member who was on-site at the league and tests positive for COVID-19 within 10 days of any game should report that positive test to Trilogy Lacrosse.
- If Trilogy Lacrosse is informed of a COVID-19 case at one of our events, we will follow CDC guidelines and notify the appropriate parties.