FALL 2020 COVID-19 TOURNAMENT SAFETY MEASURES

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We look forward to hosting you this Fall. We are excited to get back on the field and are committed to running all of our events unless they are prohibited by State, County and Local guidelines. These guidelines change frequently and vary throughout the country. In the event a tournament has additional specific State, County or Local requirements not listed in this document, that information will be communicated to families in advance.

Our goal this Fall is to mitigate risk and provide a safe opportunity for the players to compete and for limited spectators to attend. We need to eliminate some of the off-field aspects of our events that we all normally look forward to in order to accomplish our goal. We kindly ask for your understanding and flexibility as we all navigate this together.

According to the Center for Disease Control (CDC), participating in large gatherings such as a lacrosse tournament presents an increased risk of potential exposure to infectious diseases like COVID-19. All attendees of Trilogy Lacrosse Tournaments knowingly and willfully assume these risks. Trilogy Lacrosse will take every reasonable precaution to mitigate these risks and host the safest events possible in accordance with State, County and Local guidelines. While risks cannot be eliminated, they can be mitigated significantly by following proper guidelines. ***A large part of any success in this regard falls on you, our participants****.*

This document outlines our COVID-19 risk mitigation guidelines, policies and procedures that will apply to all of our events. We ask that you read fully the guidelines detailed below and adhere to these policies to the best of your ability. We are all in this together and we look forward to seeing you this Summer.

Pre-Tournament

- Scheduling + Tournament Structure
- Spectator Policy + High Risk Individuals
- Symptom Screening
- Waivers
- Packing List
- Tourney Machine

During The Tournament

- Medical Staff
- Face Coverings
- Water/Food/Vendors
- Social Distancing
- Team Tents
- Restrooms
- Inclement Weather
- Symptoms on Site

Post Tournament

- COVID-19 Case Reporting

Pre-Event

Scheduling + Tournament Structure

- Schedule structure is one of the most effective risk mitigation tools we will use.
- Teams will play back-to-back games with built in rest periods in order to minimize time on site, significantly reduce the number of teams on site at any given time, and minimize foot traffic throughout the facility.
- For many events, we are converting to multiple sites to prevent larger groups in one location.
- In order to comply with specific state guidelines, the structure of the tournament may differ from the standard weekend format.
- The exact format and schedule for every tournament will be communicated to program directors, posted on tourney machine and listed on our website.

Spectator Policy + High Risk Individuals

- Families should limit the number of spectators who attend our events. **We strongly encourage no more than 1 parent/guardian per family attend the event.**
- People at high risk for severe illness from COVID-19 **should NOT** attend our events.
- Due to the definition of the high risk population changing as more data comes in, below is the link from the CDC which outlines all high risk groups who should take extra precautions:
    - **https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/**

Symptom Screening

- If you are experiencing any symptoms of COVID-19 (See below) or have been exposed to someone confirmed to have COVID-19 in the 14 days prior to the event, or you have tested positive yourself in the last 14 days, then you should stay home and consult with your primary care provider.
- All attendees are responsible for self-screening of COVID-19 related symptoms prior to arrival at an event. **Team coaches will confirm with their field marshal that this has been completed prior to their first game.** Per the CDC, symptoms of COVID-19 include:
    - Fever or chills
    - Cough
    - Shortness of breath or difficulty breathing
    - Fatigue
    - Muscle or body aches
    - Headache
    - New loss of taste or smell
    - Sore throat
    - Congestion or runny nose
    - Nausea or vomiting
    - Diarrhea

Waivers

- A completed electronic waiver must be submitted for every child participating in the event prior to arrival. The waiver stipulates that you have read these policies, understand the procedures and explained everything to your child including the risk of possible exposure to COVID-19 that participating in an event presents.

Packing List

Participants should ensure they have the below items on hand. These are best practices laid out by medical professionals. Do we normally pride ourselves on full water coolers at all fields? Yes. Do we love having lots of options at vendor village? Yes. Do we love seeing families set up tents and create all-day tailgates? Yes. Unfortunately, we can't do those things this summer.

- Families should bring the following items to the tournament:
  - **Personal WATER Bottles**: to get you through the day, there will be no shared water coolers
  - **Personal FOOD and Snacks**: vending and concessions will be limited or eliminated on-site
  - **Coolers**: traditional team tailgates are not permitted so families should supply their own coolers to keep food and drink fresh
  - **Face Coverings:** all players and spectators should bring a cloth face covering to the event
  - **Hand Sanitizer/Disinfectants**: personal hand sanitizer (>60% Alcohol) and disinfectant wipes
  - **Personal Tent/Umbrella/Sunscreen:** team tents are not permitted but families are encouraged to bring items for shade as well as sunscreen
  - **Extra Equipment (stick, mouthguard, etc.):** vending will be limited or eliminated on-site

Tourney Machine

- **Download the Tourney Machine App ahead of time for game schedules and field assignments.**
- Updated rules, maps, and COVID protocols will be available for download directly from Tourney Machine.

During the event

Medical Staff

We have always taken the health and safety of players at our events very seriously and hire ample medical staff to accomplish this goal. This year we are making an extra investment to have even more resources.

- Each event will have a COVID-19 Coordinator to monitor that policies are being adhered to and will serve as the point person for any related incidents.
- Athletic Trainers will be staffed at a ratio of 1 per 2 fields and available throughout the facility.
- Injury Ice will be available at all trainer locations.
- Tournament or Medical Staff golf carts will NOT be used for shuttling spectators around the facility for any reason other than a medical emergency.

Face Coverings

- Wearing face coverings and masks protect yourself and others around you when social distancing cannot be maintained.
- All spectators, coaches, officials and athletes when not playing are **Requested and Highly Encouraged** to wear face coverings while in attendance and especially in common areas where social distancing is more difficult. If local or facility guidelines require the use of face coverings, that expectation will be communicated to families.
- Trilogy Tournament staff will wear face coverings while working at the event.
- It is not required that players, referees or coaches wear face coverings during active participation in a game but should at other times.

Water + Food + Vending

- **There will be no shared water coolers located at field tables** and access to shared refill stations will be limited.
- All participants should bring their own labeled water and food.
- On-site food concessions and non-food vending will be reduced or eliminated.

Social Distancing

- All players and spectators should maintain social distancing of 6' while on-site and not actively participating in game play.
- Participants should refrain from unnecessary physical contact with teammates, opposing coaches/players, officials, staff and fans such as handshakes, high fives, fist bumps, hugs, and goal celebrations.
- Tournament HQ is for staff only. Please only approach tournament HQ with matters of critical importance such as a life threatening injury or major health and safety concern.

Team Tents/Tailgating

- **NO TEAM Tents** will be allowed and tailgating is prohibited.
- Personal tents & umbrellas used for shade are permissible and recommended.

Restrooms

- Trilogy will be increasing the number of restrooms on site to minimize usage.
- Staff will regularly disinfect frequently touched surfaces such as bathroom door handles.

Inclement Weather

- **All families should shelter in their vehicles during inclement weather**.
- There will be no common shelter areas at events in order to eliminate crowding in contained areas.
- In the event there is a lightning strike within 10 miles of the facility, five (5) consecutive air horn blasts will sound and families will shelter in their cars.

Participant Showing COVID Symptoms on Site

- If a tournament attendee develops symptoms on site and needs to be seen by medical staff, a Trilogy staff member should be alerted. The attendee will be isolated and evaluated by an athletic trainer.
- If deemed to potentially have COVID-19, they will be asked to depart the facility and seek further medical evaluation or be transported to a nearby medical facility for further evaluation.

Post-Event

COVID-19 Case Reporting

- Any participant or staff member who was on-site at the event and tests positive for COVID-19 within 14 days of the event should report that positive test to Trilogy Lacrosse.
- If Trilogy Lacrosse is informed of a COVID-19 case at one of our events, we will conduct contact tracing per CDC guidelines and notify the appropriate parties.