Western Winners Showcase

Event Manual

Park City Sports Complex
Tuesday, June 13th - Wednesday, June 14th 2023

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Welcome to the Western Winners Showcase!

A Message from our Director – Theresa Sherry:

"We look forward to seeing you at Western Winners! These showcase camps have been connecting the top teachers, mentors, and motivators with girls' lacrosse players since 2011, and the group we have attending this summer represents the best players and coaches in the west and around the country. Thank you for being a part of these two days; we hope you have a memorable experience!"

Event Overview

- Dates: Tuesday, June 13th – Wednesday, June 14th
- Facility: Park City Sports Complex
- GPS Address: 600 Gillmor Way, Park City, UT 84060
- Tuesday 06/13
  - Check-In: 8:00-9:00AM, Check-Out: 8:00PM
- Wednesday 06/14
  - Check-In: 8:00-9:00AM, Check-Out: 3:00PM

Showcase Director – Theresa Sherry

Coaching Experience

- US Lacrosse NorCal Chapter Hall of Fame 2016
- Head Coach – Cal Berkeley 2007-11
- IWLCA Service Award 2009
- Chair, IWLCA Recruiting Committee 2009-10
- MPSF Coach of the Year 2008
- Asst Coach – Cal Berkeley 2006-07
- Volunteer Asst Coach – Amherst College 2006
- Volunteer Asst Coach – Smith College 2005

Playing Experience

- FIL U19 World Cup Champion 1999
- Princeton University 2001-2004
- Tewaaraton Finalist 2004
- Midfielder of the Year 2004
- Ivy League Player of the Year 2004
- 2x NCAA Div I National Champ 2002, 2003
- 7x Ivy League Champion (4x in Lacrosse + 3x in Soccer)
- 3x First Team All-American
- 4x First Team All-Ivy
- 3x Team Captain in both Lacrosse + Soccer

Before You Arrive

Complete Your Player Information Form/Waiver:

All families should complete this form/waiver that was included in the welcome email. This contains player contact information that will be included in the roster book emailed out to coaches, as well as important medical information for our staff. You can access it HERE until **5/26**.

Book Hotels: Doubletree by Hilton Park City – The Yarrow

Trilogy has secured a room block in the area at a rate cheaper than current online rates. Booking link is available HERE and is open until **5/23**.

Plan Flights/Travel:

Participants will check-in and check-out each day at the pavilion between Field 1 and Field 2. This location is marked on the map.

For participants traveling by air. Plan to arrive on Monday, June 12th. Departure flights should be scheduled for after 5:30pm on Wednesday the 14th from Salt Lake City International Airport.

What to Bring Each Day of the Showcase:

- ☐ Goggles
- ☐ Stick
  - Strung Head
  - Handle (attached w/screw)
  - Butt-end/cap
  - Back-up stick (optional)
- ☐ Lacrosse Gloves (optional)
- ☐ Goalie Equipment (If applicable)
- ☐ Mouth Guard
- ☐ Cleats
- ☐ Sneakers/Turf Shoes (Optional)
- ☐ Jacket/Sweatshirt(s)
- ☐ Water Bottle
- ☐ Medications (if necessary)
- ☐ Drinks/Snacks
- ☐ Lunch (Both Days)
- ☐ Dinner (Tuesday)

What You Can Expect

Instruction & Competition

- Tuesday
  - 3 Training Sessions, 1 College Coach Recruiting Seminar, 1 College-Style Practice
- Wednesday
  - 4 Full-Field Games

Game Film

- Professional HD Game Film shot by First Scout Productions is included for all games played at Western Winners Showcase

College Coach Staff

- An updated list of College Programs currently on staff can be found by visiting the event website under Recruiting.
- A coach from these schools will be in attendance at the event: running training sessions on Tuesday and coaching teams on Wednesday.
- *This list is subject to change

Schedule

Tuesday, June 14th

- 8:00am - 9:00am: Check-In at Pavilion– Entrance to Field 1 and 2
- 9:00am - 9:30am: Introductions Warm-Up
- 9:30am - 11:30am: Training Session
- 11:30am -12:30pm: Lunch Break (Lunch Not Provided)
- 12:30pm - 1:30pm: Recruiting Education Seminar
- 2:30pm - 4:30pm: Training Session
- 4:30pm - 5:30pm: Dinner Break (Dinner Not Provided)
- 6:00pm - 8:00pm: College Style Practice
- 8:00pm: Check-Out at Pavilion at Entrance to Field 1 and 2

Wednesday, June 15th

- 8:00am - 9:00am: Check-In at Pavilion– Entrance to Field 1 and 2
- 9:00am - 11:30am: Full Field Games (Field 1 + Field 2)
  - Wednesday game schedule will be posted on tourney machine
- 11:30am – 12:30pm: Lunch Break (Lunch Not Provided)
- 12:30pm – 3:00pm: Full Field Games
- 3:00pm: Check-Out at Pavilion at Entrance to Field 1 and 2

Schedule is subject to adjustment

Western Winners Site Map

Park City Sports Complex
600 Gillmor Way, Park City, UT 84060

Check-In / Check Out

Tuesday 6/13
Check-In: 8:00am-9:00am
Check Out: 8:00pm

Wednesday 6/14
Check-In: 8:00am-9:00am
Check Out: 3:00pm

*The pavilion located at the entrance between Field 1 and 2 will be used for Check-In/Out for the event

Western Winners Rules

We have established a set of rules for participants listed below. These rules are meant to ensure that Trilogy Lacrosse provides a safe, fun, and meaningful experience for all participants. For the safety and enjoyment of every participant, these rules will be strictly adhered to.

Rules Resulting In Immediate Expulsion

1. No drugs or alcohol
2. No physical abuse
3. No stealing, borrowing, or taking other participant's possessions
4. No leaving the facility unless by approved pick-up from a parent or authorized adult
    a. All participants who need to leave campus at any time during the event must be signed out of Event HQ. Upon return to campus, participants will sign back in at Event HQ.

Additional Rules

- No damaging facility property – any costs for damages incurred are the participant's responsibility
- Be respectful and responsible - clean up after yourself
- Be on-time for roll-call prior to activities
- No bad language or mistreatment of others
- If you feel sick or are injured, you must check-in with a staff member and see the athletic trainer on-site.
- Players must wear head protection (goggles or helmets) on the field at all times – during sessions and if shooting before/after sessions

Early Departure

Players may need to leave early for a variety of reasons. Players who leave early for any reason must be signed out at Event HQ by a parent/guardian with a camp staff member before departing.

Please note that there are no refunds or credits given to participants who depart early for reasons including, but not limited to, the following:

- Injury
- Family Commitments
- Breaking of Rules

Health & Safety Policies

COVID-19 Symptom Screening + Waivers

A completed electronic waiver must be submitted by a parent/guardian for every individual participating in the event prior to Western Winners. This waiver stipulates that participants and family members will not attend if any of the below conditions are met within 5 days of the event:

1. They test positive for COVID-19
2. They are in close contact with a positive case (excluded if you are vaccinated or have had COVID-19 in 3 months prior to exposure).
3. They exhibit symptoms of COVID-19, which include but are not limited to a cough, shortness of breath or difficulty breathing, loss of taste or smell, headache, chills, muscle or body aches and/or sore throat.

Emergency Process

In the event that emergency first aid needs to be performed, our Certified Athletic Trainer will perform the emergency first aid to the participant. If a player goes into cardiac arrest, the Certified Athletic Trainer, may use an automatic external defibrillator as necessary.

If there is an injury or emergency that requires medical attention outside the scope of our Staff and Certified Athletic Trainers, the player will go to the hospital immediately. A Trilogy representative will accompany the player to an Emergency Medical Care Center. In the event of an injury/emergency, which requires the player to be stabilized, notably any potential neck injury, a Trilogy representative will call 911 to arrange for Emergency Medical Services.

The Trilogy representative will call the parents of the affected player immediately and explain the injury/emergency. The representative will call the primary phone number and all emergency contacts listed on the medical waiver. The Trilogy representative will present the affected participant's online medical form to the staff of the Emergency Medical Services and/or Emergency Medical Care Center. Trilogy Lacrosse will obtain Emergency Medical Treatment for participants as needed and make its best efforts to notify parents and emergency contacts as soon as possible.

Weather Policy

We will play outside in the rain. If a lightning storm is probable during a scheduled outdoor session, we will stay indoors. If we are outdoors and lightning occurs within 10 miles, we will immediately leave the field to go indoors. We will not return outside until 30 minutes after the last lightning strike. Please note that refunds or credits are not issued if field time is reduced due to inclement weather.

Concussion Policy

A participant who exhibits signs, symptoms, or behaviors suggestive of a concussion will be removed immediately from practice or competition and not returned to play until evaluated by a healthcare professional with experience in the evaluation and management of concussions.

Participants diagnosed with or suspected of a concussion will not return to activity for the remainder of that day. Should a concussion occur, Trilogy will inform the participant's parents or guardians about the known or possible concussion. The athlete will only be allowed to return to play once she receives written permission from an appropriate healthcare professional. Please note that our Athletic Trainers are not allowed to provide return to play permission.

Staff is trained in Concussion Awareness and will watch for the signs and symptoms of concussions. The participants, however, should understand the signs and symptoms of a concussion and accept the responsibility for reporting all of their injuries or illnesses to Trilogy staff or healthcare professional, including signs and symptoms of a concussion.

Frequently Asked Questions

What is the level of supervision at the Event and what is your staff like?

- The Event Director will be in attendance the entire event and staff is on-duty at all times during the hours your child is in our care. Our primary coaching staff are all college coaches. Two certified athletic trainers are also on-site at all times.

Can I pick up my child during the day to grab a dinner/meal during breaks?

- We want to minimize players leaving campus during the event. In the event you would like to pick up your daughter during event hours and take them off-campus or away from designated break areas, you must sign them in and out at Event HQ. Our Event HQ tent will be located at the pavilion where check-in occurs.

What is the participant to staff ratio?

- We always maintain a minimum of 10-1 participant to staff ratio.

Will I be able to get in touch with my child while at the Event?

- Yes. Participants are allowed to bring their cell phones.
- If an emergency takes place, please email info@trilogylacrosse.com which will reach our event HQ and we will coordinate with you on getting in touch with your child as quickly as possible.

Can parents/guardians attend field sessions during the Event to observe their children?

- Yes. Parents are welcome to attend field sessions.

What if my child requires medication at the Event?

- If your child requires medication during the event, please bring all medication in its original packaging with your child's name written on it. If you have multiple medications, please place them in a clear plastic bag with your child's name written on it. All medications needed to be taken during competition hours, will be turned in to the certified athletic trainer/medical professional at check-in and a plan will be set up for administration.

What levels of players will be in attendance?

- Players who are serious about playing lacrosse at the collegiate level.

How much downtime do the players have?

- We follow a daily schedule that keeps everyone busy and provides routine and comfort for our players. The daily schedule is located in the manual.