TRILOGY LACROSSE®

Veterans Day Classic Game Play + Rules: 2026

2027 – 2036/37 Divisions

All Games will be played under Boys NFHS Lacrosse base rules with the following modifications and points of clarification:

GAME RULES

1. **Format**: 10v10. No more than 4 long sticks on the field per team.
2. **Pool Game Times:** Will consist of two (2) 19-Minute running halves, with a three (3) minute halftime. Games will run on a central horn (Start/Stop each half) unless there are situations when fields are on different schedules.
3. **Playoff & Championship Game Times:** Two (2) 12-minute running halves, with a three (3) minute halftime. Time kept on the field.
4. **Man-up/Man Down:** Will be played on time served penalties. **Time and a half on all penalties.** All penalties will be running time, but time does stop during a timeout. The penalty clock will begin when the official blows the whistle to restart play. Table Staff will keep penalty time.
   No man down in 2035 & younger divisions. Offending player must sit out for duration of his penalty
5. **Timeouts:** ***Pool Play:*** One 45-second timeout/game. Game clock does NOT stop, penalty time does. *Cannot use in last 4-minutes of game.* ***Playoff & Champ Games***: 1 45-second timeout/game, clock does stop and can be used at any time in a championship, including overtime if the timeout was not used during regulation.
6. **Advancing the Ball - Clearing Count – Over and Back:** Team has twenty (20) seconds to clear over the midline and ten (10) seconds to touch it in the box. Once the ball has been touched in the offensive box the over and back rule goes into effect.
   No counts or over and back in 2035 & younger divisions
7. **NO shot Clock & No Diving in the Crease**
8. **NO "Take Out" body checks in 2031 and younger divisions**
   - "Take Out Body Check" Defined: An excessive body check in which the player lowers his head or shoulder with the force and intent to put the other player on the ground.
   - No 1-Handed checks in 2035 and younger divisions
9. **Body Checking will be called tightly in 2027-2030 Division:** 1-3 minute penalty at referee discretion
   - ***Legal****:* 2 hands on stick, below neck, above waist, from the front or side + 3-yard rule
   - ***Illegal****:* Hits to the head, neck area, back, on a defenseless player, blindsides, off-ball, egregious
10. **Keep It In:** Team that leads by **4 or less** must keep it in the offensive box in the **final 2-minutes of the game**.
11. **Alternate Possession (AP):** Will be awarded to the team that is listed first on the field marshal clipboard.
12. **Mercy Rule:** Teams trailing by eight (8) or more goals will be awarded the ball at midfield following a goal by the leading team until the goal differential drops below eight (8). This rule can be waived by the trailing coach.
13. **Overtime Rules (OT): NO Overtime in Pool Play**
    - Playoff Games (non-Championship): Tie Games at the end of regulation will immediately go into a 4v4 Modified Braveheart (3 field + 1 goalie) until a goal is scored. Goalie cannot go over the midline unless a player stays back. Play will begin with a faceoff and then continue until a goal is scored. Substitutions are allowed. If there is a penalty carrying over into OT, at the end of regulation, or in OT, the offending team will play down (3v2 Field players). A 2nd penalty would result in a 4v2.
    - Championship: 10v10 game play in 5-minute periods until a goal is scored beginning with a faceoff unless the time serving penalty scenario from Braveheart section above is applicable.
14. **Stick Checks:** One per game, but none in final 4-minutes of regulation game time or overtime. If stick check is found legal, the challenging team will be assessed a 30-s4econd releasable penalty. If found illegal, a 60 second non-releasable penalty will be assessed & the goal just scored using that stick will not count.
15. **Goalies:** No Longer granted 5-seconds to re-enter goal crease after leaving for legitimate purpose

Poor sportsmanship, taunting, trash talking, fighting and other negative behavior by anyone directed at a player, coach, referee, event staff or other spectator will not be tolerated. Anyone being verbally, electronically, or physically abusive will be asked to leave. A positive example should be set by all attendees.

Veterans Day Classic Policies: 2026

SCORING & TIE-BREAKERS

• Head-to-Head* • Fewest Goals Against • Most Goals For • Coin Flip	***Ties with more than 2 teams:** If there is a tie between more than two teams, head-to-head amongst the tied teams will serve as the first tiebreaker. If there was only 1 matchup between the tied teams, the team that won that matchup will win the first tie-breaker and the other teams tie-break will be determined by fewest goals allowed and then most goals for*

Goal Differential: Teams may accumulate a maximum goal differential of 10 goals per game toward tournament standings and tie-breaker calculations. For example: a game result of 14-2 will be officially recorded as 12-2.

AGE & ROSTER POLICY

- Every participant must submit an online waiver prior to the tournament in order to participate.
- Players cannot play for more than one club program during the same tournament.
- Players may move up to play in an older age division team within their own club.
- Players cannot play in a division younger than their High School graduation year/ USA Lacrosse age designation.
- Any exemption to this policy must be submitted in writing to the tournament director prior to the tournament. Violation of these regulations may result in forfeiture of games at the discretion of the tournament director.
- The tournament director makes the final decision on any roster issues.

ATTENDEE POLICY

All attendees are expected to adhere to the following policies.

- Team tents in designated areas only and never on the endline of a playing field regardless of netting.
- Pets are not permitted except for service animals with proper identification.
- No alcohol on the premises.
- Attendees should adhere to parking signage and follow instructions of the parking staff.

WEATHER POLICY & SCHEDULE ADJUSTMENTS

All schedule changes will be messaged through Tourney Machine

- In the event fields become unplayable or unsafe weather conditions occur such as rain, wind, lightning, or excess heat, tournament organizers reserve the absolute and unfettered right to:
  - Cancel and/or postpone play.
  - Reduce game times.
  - Revise the schedule.
  - Interrupt and suspend games.
  - Finish or end games early.
  - The field and facility owners, not tournament organizers, have final say whether the tournament will take place in whole or in part.
- In the event there is a lightning strike within eight (8) miles of the facility, five (5) air horn blasts will signal **families to take shelter in their cars** and await further instruction. Updates will be available through the Tourney Machine App. Standard lightning delays are 30 minutes from the last strike. In the event another strike occurs during the initial delay that 30-minute clock resets.

SPORTSMANSHIP POLICY

- Poor sportsmanship, taunting, trash talking, fighting, harassment, discrimination, bullying or other unbecoming behavior by players, coaches, parents or spectators will not be tolerated and could result in ejection from the field/facility, or ending the game. Unsportsmanlike conduct will minimally result in a 1-minute non-releasable penalty, but officials are authorized to handle such conduct in their reasonable judgement based on the circumstances. Any instance of the above-mentioned behavior should be reported directly to headquarters, and the tournament director will make the final decision on the best course of action.